

# Family Advocacy ...*Making good families GREAT!*



Star of Abilene Room ~ 3<sup>rd</sup> Floor MDG

## ANGER MANAGEMENT: Wednesdays 9:30-11:00 am

Help recognize anger and choose a better way to respond; overcome history of negative behaviors and replacing them with positive ones.

## PARENT SUPPORT: Wednesdays 12:00 – 1:30 pm

### Parenting Teens:

Help moms and dads learn how to be a better parent to teenagers and 'tweens.

### Love & Logic:

Positive parenting and teaching techniques to build healthy relationships with kids. For school-age children up to 12 years-old.

### Magic 1, 2, 3:

Program aims to teach parents how to deal with their children's difficult behaviors by using an easy-to-learn, signaling system.

## COUPLES COMMUNICATION: Wednesdays 2:00-3:30 pm

Prevention and Relationship Enhancement Program (PREP 8.0) aimed at helping couples reduce risk and raise protective factors; with focus on helping couples develop and maintain safety in terms of emotional and supportive connections

### DADS: The Basics

Help men become more comfortable in their new role as fathers.  
Nov. 8; Feb. 7; May 9; Aug. 8; Nov. 14.

### New Parent Support Program

A community-based program that serves expectant parents and parents of children (pregnancy to 3 years) focusing on ages & stages, breastfeeding education and resources utilizing a home visit modality.

## ADDITIONAL CLASSES

### Change Step Group: Thursdays 9:30 – 11:45 am

A 24-week, interactive program for men to learn skills for safe and healthy relationships. (By Referral Only)

### SSTAR: 3<sup>rd</sup> Thursday each month; 12:00 – 4:00 pm

Designed to offer strength building skills; identify and strengthen a commitment to change; facilitate the transition into further prevention treatment programs. (By Referral Only)

### Co-Parenting Thru Divorce

State of Texas required class for divorcing parents with a focus on best interest of children during a difficult period. (By Appointment Only)

### 20 Minute Tune-Ups

Short, targeted classes covering a specific topic requested by squadron/unit leaders that will be taught with valuable information & helpful tools at a time convenient to you. (By Appointment Only)



Family Advocacy 325-696-8378 or 696-8344  
DAVA Hotline 325-307-1556 (on call 24/7)

## Family Advocacy Staff

### **Maj Rose, FAO**

Steve Kish, Domestic Abuse Victim Advocate  
V. Danette Jackson, LCSW, Treatment Manager/Alternate FAO  
Samantha Morales, LCSW, Treatment Manager  
Dennis Wright, LCSW, Intervention Specialist  
Miriam R. Galco, RN, NPSP Nurse  
Melissa Mitchell, Program Assistant  
Beth Miller, Program Assistant