

Social Skills

- ▶ **WHAT:** Improve social skills in order to communicate more effectively
 - ▶ Topics discussed include work, Air Force life, relationships, friends, etc.
 - ▶ Ongoing group
- ▶ **WHEN:** Every Wednesday at 1500
- ▶ **WHERE:** Check-in at the Mental Health Clinic front desk
 - ▶ (3rd floor of medical group)
- ▶ **WHO:** Active duty (Requires a referral by Medical Provider)

