



Newborn care takes practice for new dads!

This training is for dads and is taught by dads.

The course will:

- **Teach you the necessary skills to keep a baby healthy and happy**
- **Help you understand your partner's needs and feelings during this life changing event.**



DADS 101: THE BASICS



When: Dec. 14-15 2016
Feb. 15-16 2017
May 17-18 2017
Aug. 16-17 2017
Nov. 15-16 2017

Where: AFRC

Time: 1100-1400

POC: Steve Kish
696-8344



The goal of Dads: The Basics is to help men become more comfortable in their new role as fathers. Provides a safe environment for men to openly discuss their greatest fears and concerns of fatherhood in a fun environment. Increase your confidence, and feel comfortable in caring for infants.