



DEPARTMENT OF THE AIR FORCE
7th Bomb Wing
DYESS AIR FORCE BASE TX



Date

MEMORANDUM FOR: REFERRAL PHYSICIAN/PROVIDER

FROM: SGOFP FLIGHT MEDICINE CLINIC / Dr. _____

SUBJECT: Documentation of medical care for flying duty restrictions

_____/_____ is on active duty flying status. Air Force flying
(Patient's Name) (Last 4 of SSN)

Guidelines require a medical review of all patient care by an Air Force Flight Surgeon to determine if the patient is fit to continue flying/special duty operations. Please provide the requested information below. The patient will be responsible for returning this form back to the Flight Medicine Clinic prior to resuming flying duties.

Your cooperation is greatly appreciated. Questions/concerns can be directed to the referring physician by calling (325)696-5490.

// Signed//

PATRICK F. WHITNEY, Lt Col, USAF, MC, SFS
Commander, 7th Aerospace Medicine Squadron

To be completed by Referral Physician/Provider

Diagnosis:

Plan of Care:

New Medications:

Physical

Restrictions

___ No Running > 0mi

___ No Running >101yds

___ No walking >3/4mi

___ No Prolonged
Walking/Standing

___ No push ups

___ No sit ups

___ No cycle (stationary bike)

___ No pull ups

(cont on next page)

___ No push/pull > ___lbs

___ No lifting > ___lbs

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- No lifting overhead
- No use of _____ extremity
- No Jumping
- No high impact activity
- No climbing ladders
- No bending/twisting at waist
- No driving heavy machinery
- No wear of military boot (tennis shoes, walking boot/brace)
- Use of crutches authorized
- Able / unable to carry and / or fire assigned fire weapon
- Other recommendations
- Recommended length of physical restrictions _____

Recommended Convalescent Leave: _____

Follow-up appointment(s): Yes / No **Date of next appointment** _____

Estimated duration patient will be under provider's care: _____

Referral Physician/Provider Signature

Date

Below information To be completed by 7MDG Dyess AFB Flight Surgeons:

Concur / Non-Concur

No action / DNIF / Continue DNIF / RTFS

Remarks related to visit annotated in AHLTA

Reviewing Flight Surgeon Signature and Stamp

Date Reviewed: _____

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