

# Co-Parenting And Divorce



## One Out Of Two Marriages In America End In Divorce

*Divorce is a life-transforming experience. After divorce, childhood is different. Adolescence is different. Adulthood—with the decision to marry or not and have children or not—is different. Whether the outcome is good or bad, the whole trajectory of an individual's life is profoundly altered by the divorce experience.*  
—Dr. Judith S. Wallerstein, noted divorce researcher

## *Co-Parenting Helps Your Kids Thrive in Two Households after Divorce*

Learn tips for successful co-parenting!

The primary focus of many divorce seminars is to educate parents about the impact of divorce on children  
Unlike most divorce seminars, this one also illustrates appropriate and inappropriate behaviors

- Understand how divorce impacts your children
- Identify "divorce abuse"
- Put your own feelings aside for your child's best interest
- Avoid divorce abuse by following five steps for prevention
- Recognize how parental conflict negatively influences children
- Take responsibility for your behaviors
- Keep your child out of the middle of divorce conflict

**Court Approved. FREE to ADMs and spouses**

**When:** 2<sup>nd</sup> Friday of each month (Beginning in August 2016)

**Time:** 8:30 am - 12:30pm

**Where:** Star Of Abilene Room ( 3<sup>rd</sup> floor of Medical Group)

Walk-ins are welcome. No Pre-Registration. For more information contact:

POC: 696-8378

